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Jason McCartney's actions during the immediate aftermath of the bombings, and his triumphant recovery from horrific injury, epitomised the human spirit, and are a fitting and lasting counter to those who would seek to diminish and demean it. In addition to being a sought-after public speaker since his retirement from football, Jason McCartney is also an AFL Youth Coordinator, a role in which he inspires young, up-and-coming footballers to overcome some of the obstacles in their lives in order to reach their potential – no doubt with his message: 'It's not what you're dealt in life, it's how you deal with it.'

Link to complete Jason McCartney article.

Teacher notes

(Underlined segments are judgement statements and square brackets are used around text highlighted in blue.)

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